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This Factsheet does not bind the Court and is not exhaustive

# End of life and the European Convention on Human Rights

## Right to life and right to respect for private life

### Sanles Sanles v. Spain

26 October 2000 (decision on the admissibility)

The applicant was the heir legally appointed by her brother-in-law – who had been tetraplegic following an accident in 1968 and committed suicide in January 1998 with the help of a third party while his action to have the right to a dignified death recognised was pending – to continue the proceedings which he had instituted while he was alive. She requested in particular recognition of the right to a dignified life or a dignified death, or to non-interference with her brother-in-law's wish to end his life.

The Court declared **inadmissible** (incompatible *ratione personae*) the applicant's complaints under Articles 2 (right to life), 3 (prohibition of inhuman and degrading treatment), 5 (right to liberty and security), 6 (right to a fair trial), 8 (right to respect for private life), 9 (freedom of conscience) and 14 (prohibition of discrimination) of the European Convention on Human Rights. It held that, having not been directly affected by the alleged violations of the Convention, the applicant could not therefore claim to have been a victim of them<sup>1</sup>.

### Ada Rossi and Others v. Italy

16 December 2008 (decision on the admissibility)

The father and guardian of a young woman who had been in a vegetative state as a result of a road-traffic accident began court proceedings seeking authorisation to discontinue his daughter's artificial nutrition and hydration, basing his arguments on her personality and the ideas concerning life and dignity which she had allegedly expressed. In an order remitting the case, the Italian Court of Cassation stated that the judicial authority could authorise the discontinuation of nutrition if the person concerned was in a persistent vegetative state and if there was evidence that, had he/she been in possession of all his/her faculties, he/she would have opposed medical treatment. The Court of Appeal granted the requested authorisation on the basis of those two criteria. Before the European Court, the applicants (people with severe disabilities and associations defending the interests of such people) complained of the adverse effects that execution of the Court of Appeal's decision was liable to have on them.

The Court reiterated that, in principle, it did not suffice for an applicant to claim that the mere existence of a law violated his rights under the Convention; it was necessary that the law should have been applied to his detriment. Furthermore, the exercise of the right of individual petition could not be used to prevent a potential violation of the Convention: only in highly exceptional circumstances could an applicant nevertheless claim to be a victim of a violation of the Convention owing to the risk of a future

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<sup>1</sup>. The European Commission of Human Rights (which, together with the European Court of Human Rights and the Committee of Ministers of the Council of Europe, supervised Contracting States' compliance with their obligations under the European Convention on Human Rights, and ceased to exist when the Court became permanent on 1st November 1998) had previously declared inadmissible an application brought by the applicant's brother-in-law himself (see the [Sampedro Camean v. Spain](#) decision of the Commission of 17 May 1995).

violation. In the present case, the Court declared the applicants' complaints **inadmissible** (incompatible *ratione personae*). As regards the individual applicants, it held that they could not claim to be victims of a failure by the Italian State to protect their rights under Articles 2 (right to life) and 3 (prohibition of inhuman or degrading treatment) of the Convention. As to the applicant legal entities, they were not directly affected by the Court of Appeal's decision, which was not actually capable of having any impact on their activities and did not prevent them from pursuing their aims.

### **Pretty v. the United Kingdom**

29 April 2002 (Chamber judgment)

The applicant was dying of motor neurone disease, a degenerative disease affecting the muscles for which there is no cure. Given that the final stages of the disease are distressing and undignified, she wished to be able to control how and when she died. Because of her disease, the applicant could not commit suicide alone and wanted her husband to help her. But, although it was not a crime in English law to commit suicide, assisting a suicide was. As the authorities refused her request, the applicant complained that her husband had not been guaranteed freedom from prosecution if he helped her die.

The Court held that there had been **no violation of Article 2** (right to life) of the Convention, finding that the right to life could not, without a distortion of language, be interpreted as conferring the diametrically opposite right, namely a right to die. The Court also held that there had been **no violation of Article 3** (prohibition of inhuman or degrading treatment) of the Convention. Even if it could not but be sympathetic to the applicant's apprehension that without the possibility of ending her life she faced the prospect of a distressing death, nonetheless, the positive obligation on the part of the State which had been invoked would require that the State sanction actions intended to terminate life, an obligation that could not be derived from Article 3. The Court lastly held that there had been **no violation of Articles 8** (right to respect for private life), **9** (freedom of conscience) **and 14** (prohibition of discrimination) of the Convention.

### **Haas v. Switzerland**

20 January 2011 (Chamber judgment)

This case raised the issue of whether, by virtue of the right to respect for private life, the State should have ensured that a sick person wishing to commit suicide could obtain a lethal substance (sodium pentobarbital) without a prescription, by way of derogation from the law, so as to be able to end his/her life without pain and with no risk of failure. The applicant, who had been suffering from a serious bipolar affective disorder for around twenty years and considered that, as a result, he could no longer live in a dignified manner, argued that his right to end his life in a safe and dignified manner had been violated in Switzerland as a result of the conditions that had to be met – and which he had not met – in order to be able to obtain the substance in question.

The Court held that there had been **no violation of Article 8** (right to respect for private life) of the Convention, finding that, even assuming that States had a positive obligation to take measures to facilitate suicide in dignity, the Swiss authorities had not breached that obligation in the applicant's case. The Court noted in particular that the member States of the Council of Europe were far from having reached a consensus as regards the right of an individual to choose how and when to end his life. Although assistance in suicide had been decriminalised (at least partly) in certain member States, the vast majority of them appeared to attach more weight to the protection of the individual's life than to his right to end it. The Court concluded that States had a wide margin of appreciation in such matters. Although the Court further accepted that the applicant might have wished to commit suicide in a safe and dignified manner and without unnecessary pain, it nevertheless considered that the requirement under Swiss law for a medical prescription in order to obtain sodium pentobarbital had a legitimate aim, namely to protect people from taking hasty decisions and to prevent abuse, the risks of which should not be underestimated in a system that facilitated access to

assisted suicide. The Court considered that the requirement of a prescription, issued on the basis of a thorough psychiatric assessment, was a means of satisfying the obligation on States to put in place a procedure capable of ensuring that a person's decision to end his/her life did in fact reflect his/her free will. As lastly regards the question whether the applicant had had effective access to a medical assessment that might have allowed him to obtain sodium pentobarbital (if not, his right to choose when and how he died would have been theoretical and illusory), the Court was not persuaded that it had been impossible for him to find a specialist willing to assist him as he had claimed.

### **Koch v. Germany**

19 July 2012 (Chamber judgment)

In 2004 the applicant's wife, who was suffering from complete quadriplegia, unsuccessfully applied to the Federal Institute for Pharmaceutical and Medical Products for authorisation to obtain a lethal dose of a drug that would have enabled her to commit suicide at home in Germany. An administrative appeal by the applicant and his wife was dismissed. In February 2005 they both went to Switzerland, where the wife committed suicide with the help of an association. In April 2005 the applicant unsuccessfully brought an action to obtain a declaration that the Federal Institute's decisions had been unlawful. His appeals to the administrative court, administrative court of appeal and Federal Constitutional Court were declared inadmissible. The applicant complained that the domestic courts' refusal to examine the merits of his complaint had infringed his right to respect for private and family life.

Having regard, in particular, to the exceptionally close relationship between the applicant and his wife, and to his immediate involvement in the fulfilment of her wish to end her days, the Court considered that he could claim to have been directly affected by the refusal to grant her authorisation to acquire a lethal dose of the medication. It held that, in the present case, there had been a **violation of** the applicant's procedural rights under **Article 8** (right to respect for private and family life) of the Convention, in respect of the German courts' refusal to examine the merits of his complaint. As further regards the substance of the applicant's complaint, the Court considered that it was primarily up to the German courts to examine its merits, in particular in view of the fact that there was no consensus among the Member States of the Council of Europe as to the question of whether or not to allow any form of assisted suicide.

### **Gross v. Switzerland**

30 September 2014 (Grand Chamber judgment)

The case concerned the complaint of an elderly woman – who had wished to end her life but had not been suffering from a clinical illness – that she had been unable to obtain the Swiss authorities' permission to be provided with a lethal dose of a drug in order to commit suicide. The applicant complained that by denying her the right to decide by what means and at what point her life would end the Swiss authorities had breached Article 8 (right to respect for private and family life) of the Convention.

In its Chamber judgment in the case on 14 May 2013, the Court held, by a majority, that there had been a violation of Article 8 (right to respect for private life) of the Convention. It found in particular that Swiss law was not clear enough as to when assisted suicide was permitted. The case was subsequently referred to the Grand Chamber at the request of the Swiss Government. In January 2014 the Swiss Government informed the Court that it had learned that the applicant had died in November 2011. In its Grand Chamber judgment of 30 September 2014 the Court has, by a majority, declared the application inadmissible. It came to the conclusion that the applicant had intended to mislead the Court on a matter concerning the very core of her complaint. In particular, she had taken special precautions to prevent information about her death from being disclosed to her counsel, and thus to the Court, in order to prevent the latter from discontinuing the proceedings in her case. The Court therefore found that her conduct had constituted an abuse of the right of individual application (Article 35 §§ 3 (a) and 4 of the Convention). As a result of this judgment, the findings of the Chamber judgment of 14 May 2013, which had not become final, are no longer legally valid.

### Lambert and Others v. France

5 June 2015 (Grand Chamber judgment)

The applicants were the parents, a half-brother and a sister of Vincent Lambert who had sustained a head injury in a road-traffic accident in 2008 as a result of which he was tetraplegic. They complained in particular about the judgment delivered on 24 June 2014 by the French *Conseil d'État* which, relying on, among other things, a medical report drawn up by a panel of three doctors, declared lawful the decision taken on 11 January 2014, by the doctor treating Vincent Lambert, to discontinue his artificial nutrition and hydration. The applicants submitted in particular that withdrawing his artificial hydration and nutrition would be contrary to the State's obligations under Article 2 (right to life) of the Convention.

The Court held that there would be **no violation of Article 2 (right to life)** of the Convention in the event of implementation of the *Conseil d'État* judgment of 24 June 2014. It observed in particular that there was no consensus among the Council of Europe member States in favour of permitting the withdrawal of life-sustaining treatment. In that sphere, which concerned the end of life, States must be afforded a margin of appreciation. The Court considered that the provisions of the Act of 22 April 2005, as interpreted by the *Conseil d'État*, constituted a legal framework which was sufficiently clear to regulate with precision the decisions taken by doctors in situations such as that in the present case. The Court was further keenly aware of the importance of the issues raised by the present case, which concerned extremely complex medical, legal and ethical matters. In the circumstances of the case, the Court reiterated that it was primarily for the domestic authorities to verify whether the decision to withdraw treatment was compatible with the domestic legislation and the Convention, and to establish the patient's wishes in accordance with national law. The Court's role consisted in examining the State's compliance with its positive obligations flowing from Article 2 of the Convention. The Court found the legislative framework laid down by domestic law, as interpreted by the *Conseil d'État*, and the decision-making process, which had been conducted in meticulous fashion, to be compatible with the requirements of Article 2. The Court reached the conclusion that the present case had been the subject of an in-depth examination in the course of which all points of view could be expressed and that all aspects had been carefully considered, in the light of both a detailed expert medical report and general observations from the highest-ranking medical and ethical bodies<sup>2</sup>.

### Nicklinson and Lamb v. the United Kingdom

23 June 2015 (decision on the admissibility)

This case concerned the ban under UK law on assisted suicide and voluntary euthanasia<sup>3</sup>. The first applicant, the wife of Tony Nicklinson (now deceased) who was suffering from locked-in syndrome and wished to end his life, complained that the domestic courts had failed to determine the compatibility of the law in the UK on assisted suicide with her and her husband's right to respect for private and family life. The second applicant, who was paralysed and also wished to end his life, brought a

<sup>2</sup>. In a new application, lodged with the Court on 24 April 2019, 30 April 2019 the Court decided, in view of the circumstances, to refuse the requests for interim measures submitted by the applicants on 24 April 2019 seeking a stay of execution of the *Conseil d'État* judgment of 24 April 2019 and an order prohibiting Vincent Lambert's removal from France. The Court observed that in its [Grand Chamber judgment](#) of 5 June 2015 it had held that there would be no violation of Article 2 of the Convention in the event of implementation of the *Conseil d'État* judgment of 24 June 2014 authorising the withdrawal of Vincent Lambert's artificial nutrition and hydration. On 20 May 2019 the applicants again applied to the Court under Rule 39 of the Rules of Court, requesting it to indicate to the French Government that they should immediately implement the interim measures called for by the United Nations Committee on the Rights of Persons with Disabilities on 3 May 2019. The UN Committee had requested the French Government to suspend the decision to stop Vincent Lambert's treatment while it examined the complaint brought before it by the applicants. The Court observed that it had decided on 30 April 2019, in view of the circumstances, to refuse the requests for interim measures submitted to it, and pointed out that the applicants had presented no new evidence that might prompt it to change its position.

<sup>3</sup>. Assisted suicide is prohibited by section 2(1) of the Suicide Act 1961 and voluntary euthanasia is considered to be murder under UK law.

complaint about the failure to provide him with the opportunity to obtain court permission to allow a volunteer to administer lethal drugs to him with his consent.

The Court declared both applications **inadmissible**. As regards the first one, it held that it was manifestly ill-founded, finding that Article 8 (right to respect for private and family life) of the Convention did not impose procedural obligations which required the domestic courts to examine the merits of a challenge brought in respect of primary legislation as in the present case. In any event, the Court was of the view that the majority of the Supreme Court had examined the substance of the applicant's complaint by concluding that she had failed to show that there had been any relevant developments since the judgment in *Pretty v. the United Kingdom* (see above, page 1). As to the second application, the Court observed that, before the Supreme Court, the applicant had only pursued his complaint about the ban on assisted suicide and not his argument that there should be a judicial procedure to authorise voluntary euthanasia in certain circumstances. Recalling that those who wish to complain to the European Court of Human Rights against a State first have to use remedies provided for by the national legal system, the Court dismissed the application for failure to exhaust domestic remedies.

### **Gard and Others v. the United Kingdom**

27 June 2017 (decision on the admissibility)

This case concerned a baby suffering from a rare and fatal genetic disease. In February 2017, the treating hospital sought a declaration from the domestic courts as to whether it would be lawful to withdraw artificial ventilation and provide the child with palliative care. His parents also asked the courts to consider whether it would be in the best interests of their son to undergo experimental treatment in the U.S.A. The domestic courts concluded that it would be lawful for the hospital to withdraw life sustaining treatment because it was likely that the child would suffer significant harm if his present suffering was prolonged without any realistic prospect of improvement, and the experimental therapy would be of no effective benefit. Before the European Court, the applicant parents argued – on their own behalf and that of their son – that the hospital had blocked access to life sustaining treatment for the child and that, as a result, he was unlawfully deprived of his liberty. They further alleged that the domestic court decisions amounted to an unfair and disproportionate interference in their parental rights.

The Court, by a majority, endorsed in substance the approach by the domestic courts and thus declared the application **inadmissible**. In particular, the Court bore in mind the considerable room for manoeuvre ("wide margin of appreciation") left to the authorities in the sphere concerning access to experimental medication for the terminally ill and in cases raising sensitive moral and ethical issues, reiterating that it was not for the Court to substitute itself for the competent domestic authorities. From this perspective, the Court gave weight to the fact that a domestic legal framework – compatible with the Convention – was available governing both access to experimental medication as well as withdrawal of life sustaining treatment. Furthermore, the domestic court decisions had been meticulous, thorough and reviewed at three levels of jurisdiction with clear and extensive reasoning giving relevant and sufficient support for their conclusions; the domestic courts had direct contact with all those concerned (notably, they had heard from all the medical experts involved in the treatment as well as experts instructed by the applicants, from the parents themselves and from an independent professional appointed as the child's guardian, had received expert reports from other doctors of international standing in the field and had visited the hospital); it was appropriate for the hospital to approach the courts in the UK in the event of doubts as to the best decision to take; and, lastly, the domestic courts had concluded, on the basis of extensive, high-quality expert evidence, that it was most likely the child was being exposed to continued pain, suffering and distress and that undergoing experimental treatment with no prospects of success would offer no benefit, and continue to cause him significant harm.



See also: [Parfitt v. the United Kingdom](#), decision on the admissibility of 20 April 2021; [A.B. and Others v. the United Kingdom](#) (no. 37412/22), decision on the admissibility of 3 August 2022.

### **Afiri and Biddarri v. France**

23 January 2018 (inadmissibility decision)

This case concerned the decision to withdraw the life-sustaining treatment being administered to a 14-year-old girl in a vegetative state following acute cardio-respiratory failure. Her parents complained of the fact that the decision to withdraw the treatment of their minor daughter ultimately lay with the doctor despite the fact that they opposed it. They argued that they should have a right of co-decision under the collective procedure, in their capacity as the parents and persons with parental responsibility.

The Court declared the application **inadmissible** as being manifestly ill-founded. It found in particular that the legislative framework in force complied with Article 2 (right to life) of the Convention and that, despite the fact that the applicants disagreed with the outcome of the decision-making process undertaken by the doctors, the process had satisfied the requirements of that Article. The Court also found that French law had provided for a judicial remedy that satisfied the requirements of Article 2.

### **Mortier v. Belgium**

4 October 2022 (Chamber judgment)

This case concerned the death by euthanasia of the applicant's mother, without the applicant or his sister having been informed. The applicant's mother had not wished to inform her children of her euthanasia request in spite of the repeated advice from the doctors. The applicant alleged in particular that the State had failed to fulfil its obligations to protect his mother's life, since the statutory procedure for euthanasia had allegedly not been followed in her case. He also complained about the lack of an in-depth and effective investigation into the matters raised by him.

The Court firstly explained that the case was not about whether there was a right to euthanasia, but about compatibility with the Convention of the act of euthanasia performed in the case of the applicant's mother. In the present case, the Court held that there had been **no violation of Article 2** (right to life) of the Convention on account of the legislative framework governing the pre-euthanasia acts and procedure. It found that the statutory provisions on euthanasia constituted in principle a legislative framework that specifically ensured the protection of the right to life of the patients as required by Article 2. The Court also held that there had been **no violation of Article 2** of the Convention on account of the conditions in which the act of euthanasia had been carried out in the case of the applicant's mother, taking the view that it could not be said from the evidence before it that the act in question, performed in accordance with the established statutory framework, had breached the requirements of Article 2. However, the Court held that there had been a **violation of Article 2** of the Convention on account of the post-euthanasia review procedure in the present case, finding that the State had failed to fulfil its procedural positive obligation, on account of the lack of independence of the Federal Board for the Review and Assessment of Euthanasia and the length of the criminal investigation in the case. Lastly, the Court held that there had been **no violation of Article 8** (right to respect for private) of the Convention, finding that the doctors assisting the applicant's mother had done everything reasonable, in compliance with the law, their duty of confidentiality and medical secrecy, together with ethical guidelines, to ensure that she contacted her children about her euthanasia request.

### **Daniel Karsai v. Hungary**

13 June 2024 (Chamber judgment<sup>4</sup>)

This case concerned the question of the asserted right to self-determined death of the

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<sup>4</sup>. This judgment will become final in the circumstances set out in Article 44 § 2 (final judgments) of the [European Convention on Human Rights](#).

applicant, who had advanced amyotrophic lateral sclerosis (ALS) a type of motor neurone disease with no known cure. He wished to be able to decide when and how to die before his illness reached a stage that he would find intolerable. He would need assistance, but anyone assisting him would risk prosecution, even if he died in a country which allowed physician-assisted dying. He complained of not being able to end his life with the help of others and of discrimination compared to terminally ill patients on life-sustaining treatment who are able to ask for their treatment to be withdrawn.

The Court held that there had been **no violation of Article 8** (right to respect for private life) of the Convention and **no violation of Article 14** (prohibition of discrimination) **in conjunction with Article 8** in the present case. It observed in particular that there were potentially broad social implications and risks of error and abuse involved in the provision of physician-assisted dying. Moreover, despite a growing trend towards its legalisation, the majority of the member States of the Council of Europe continued to prohibit both medically assisted suicide and euthanasia. The State thus had wide discretion in this respect, and the Court found that the Hungarian authorities had not failed to strike a fair balance between the competing interests at stake and had not overstepped that discretion. Nevertheless, the Court also noted, the Convention had to be interpreted and applied in the light of the present day. The need for appropriate legal measures should therefore be kept under review, taking into account the developments in European societies and in the international standards on medical ethics in this domain. The Court further considered that high-quality palliative care, including access to effective pain management, was essential to ensuring a dignified end of life. According to the expert evidence heard by the Court in the present case, the available options in palliative care, guided by the European Association of Palliative Care's revised recommendations, including the use of palliative sedation, were generally able to provide relief to patients in the applicant's situation and allow them to die peacefully. The applicant had not alleged that such care would be unavailable to him. As regards the alleged discrimination, the Court found that the refusal or withdrawal of treatment in end-of-life situations was intrinsically linked to the right to free and informed consent, rather than to a right to be helped to die, and was widely recognised and endorsed by the medical profession, and also laid down in the Council of Europe's Oviedo Convention. Furthermore, refusal or withdrawal of life-support was allowed by the majority of the member States. The Court therefore considered that the alleged difference in treatment of the two categories was objectively and reasonably justified.

### **Pending applications**

#### **Medmoune v. France (no. 55026/22)**

Application communicated to the French Government on 27 February 2023

#### **A and Others v. France (no. 17952/23)**

Application communicated to the French Government on 4 September 2023

#### **B v. France (no. 28026/23) and two other applications**

Applications communicated to the French Government on 6 September 2023

## **Freedom of expression**

### **Gawlik v. Liechtenstein**

16 February 2021 (Chamber judgment)

This case concerned a doctor who raised suspicions that euthanasia had been taking place in his hospital. In doing so, he went outside the hospital complaints structure and lodged a criminal complaint. The affair attracted significant media attention. The applicant complained that his dismissal without notice from his post for lodging a criminal complaint had breached his rights.

The Court held that there had been **no violation of Article 10** (freedom of expression) of the Convention, finding that the interference with the applicant's rights had been

proportionate. While noting that he had not acted with improper motives, the Court nevertheless found that the applicant had been negligent in not verifying information. In the present case, it considered that the applicant's dismissal had been justified, especially given the effect on the hospital's and another staff member's reputations.

### **Lings v. Denmark**

12 April 2022 (Chamber judgment)

The applicant was a doctor and the founder of Physicians in Favour of Euthanasia (*Læger for Aktiv Dødshjælp*), an organisation campaigning for assisted suicide. The case concerned his conviction on two counts of assisted suicide, and one count of attempted assisted suicide. The applicant asserted that he had just been disseminating information about suicide. He complained that the final domestic-court decision had breached his right to free expression.

The Court held that there had been **no violation of Article 10** (freedom of expression) of the Convention, finding that, overall, the domestic courts' reasons for taking the decision they did – protection of health and morals and the rights of others – had been legitimate, and they had acted within the wide discretion ("margin of appreciation") afforded to the authorities in this particular case. It noted, in particular, that assisted suicide had been illegal in Denmark since 1930, and that the relevant law provided that a specific act of assistance to commit suicide had to have taken place for conviction. However, the Court was not called on to determine whether the criminalisation of assisted suicide was justified, only whether it was "necessary in a democratic society" in this case. It noted in that regard that the authorities have a duty to protect vulnerable members of society. The Court also emphasised that no right to assisted suicide existed under the Convention. Taking note of the Danish Supreme Court's final conclusions and seeing no reason to disagree with them, in particular that the applicant's advice, although based on his guide to suicide, had pushed one of the individuals towards suicide, the Court considered that, although publication of the guide had been legal, the case had rested on the specific advice given to individuals. It held that neither the conviction nor the sentence had been excessive in this case.

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